
Report to: Cabinet **Date of Meeting:** 3 July 2015

Subject: Refreshed Strategy for Dementia for Sefton **Wards Affected:** All Wards

Report of: Director of Older People

Is this a Key Decision? Yes **Is it included in the Forward Plan?** Yes

Exempt/Confidential No

Purpose/Summary

To seek Cabinet’s views and agreement to the draft Dementia Strategy for Sefton.

Recommendation(s)

1. The content of the report and the feedback from the consultation and engagement process, as described in the report be noted;
2. The Draft Equality Analysis Report and the actions therein be approved; and
3. The Dementia Strategy and associated papers be approved.

How does the decision contribute to the Council’s Corporate Objectives?

	<u>Corporate Objective</u>	<u>Positive Impact</u>	<u>Neutral Impact</u>	<u>Negative Impact</u>
1	Creating a Learning Community	√		
2	Jobs and Prosperity		√	
3	Environmental Sustainability		√	
4	Health and Well-Being	√		
5	Children and Young People		√	
6	Creating Safe Communities	√		
7	Creating Inclusive Communities	√		
8	Improving the Quality of Council Services and Strengthening Local Democracy	√		

Reasons for the Recommendation:

Sefton’s current strategy for Dementia, written following the publication of “Living Well with Dementia: A National Dementia Strategy” which was published in 2009, ran from 2009-2014. There is therefore a need to refresh this in order to reflect changes in national policy and guidelines and the changes in structure to health services in Sefton

Alternative Options Considered and Rejected:

There are no alternative options

What will it cost and how will it be financed?

There are no financial implications associated with this report. The Draft Strategy provides a framework to guide the Council in seeking to support people with dementia and their carers in the context of the current financial climate. However, where actions will result in additional resources being required then this will be costed and referred to Elected Members and other partners to consider.

(A) Revenue Costs

None

(B) Capital Costs

None

Implications:

The following implications of this proposal have been considered and where there are specific implications, these are set out below:

Legal – The Care Act 2014		
Human Resources - None		
Equality		
1.	No Equality Implication	<input checked="" type="checkbox"/>
2.	Equality Implications identified and mitigated	<input type="checkbox"/>
3.	Equality Implication identified and risk remains	<input type="checkbox"/>

Impact of the Proposals on Service Delivery:

The Strategy provides a framework from which an overarching action plan will be developed for the delivery of the strategy in the context of the Strategic Objectives in the Sefton Health and Wellbeing Strategy and the priorities within the Sefton Carers Strategy 2014 – 2019 and Sefton Strategy for Older Citizens 2014 – 2019.

What consultations have taken place on the proposals and when?

The Head of Corporate Finance and ICT has been consulted and has no comment on the report as there are no direct financial implications for the Council (FD.3585/15)

Head of Corporate Legal Services have been consulted and has no comments on the report. (LD.2877/15)

Implementation Date for the Decision

Immediately the expiry of the “call-in” period for the Minutes of the Cabinet Meeting.

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Background Papers:

The draft Dementia Strategy, Consultation and Engagement Report and Equality Analysis Report can be accessed on the agenda page for this meeting of the Cabinet on the Council’s website.

1. Introduction/Background

- 1.1 Sefton's current strategy for Dementia, written following the publication of "Living Well with Dementia: A National Dementia Strategy" which was published in 2009, ran from 2009-2014. There is therefore a need to refresh this in order to reflect changes in national policy and guidelines and the changes in structure to health services in Sefton.
- 1.2 The draft 2014 – 2019 Dementia Strategy provides an overarching framework within which the council and partners can provide positive, proactive approaches to service development providing individualised support to ensure that older citizens experiencing dementia can access appropriate, joined-up services that are provided safely and effectively to maximise independence, choice and quality of life.
- 1.3 The refreshed Dementia Strategy and consultation has been developed during the past 12 months by a multi-agency working group including officers from Sefton Council Business Intelligence and Performance Team, NHS South Sefton CCG, NHS Southport and Formby CCG, Sefton CVS, Mersey Care NHS Trust, Alzheimer's Society, Sefton Pensioners Advocacy Centre, Age Concern, Sefton Partnership for Older Citizens, One Vision Housing, Care Homes Association, Liverpool Community Health NHS Trust and Southport & Ormskirk Hospital NHS Trust. The group is chaired by the Cabinet Member for Adults and Health, Councillor Paul Cummins.
- 1.4 Through various consultation responses the communities of Sefton have identified the following thematic priorities:
 - Most Vulnerable
 - Community Resilience
 - Economy
 - Environment
 - Health and Wellbeing
- 1.5 The draft Strategy has been co-produced with people who have dementia, their carers and service providers. The draft Strategy has been developed within the context of the above thematic priorities and provides the Council and its partners with a refreshed approach to improving quality outcomes for people with dementia and their carers and families as they progress through the dementia care pathway. It has also been developed in the context of the current financial climate that the Council finds itself in.

2. Co-production of the Dementia Strategy

- 2.1 The multi-agency working group designed the consultation to be able to gather the views of people with dementia and their carers on the realities of living with dementia, to understand how their needs are being met, what gaps they have encountered and their views on improving services across Sefton. A range of methods were used to engage with people with dementia, their

families and carers and providers. Care was taken in identifying the methods to be used to consult with people who have dementia and their carers. There is no “one size fits all” approach as each person is different, will interact differently and traditional approaches may not be suitable.

2.2 The process for developing the draft Strategy included a consultation and engagement process that included Open Space and Innovation Events to enable the sharing of views, thoughts, ideas and experiences about how together we can make a difference to the lives of people living with Dementia and their carers, meetings with Voluntary, Community and Faith Networks and hard to reach groups and taking on board the need to tailor consultation to specific groups, separate questionnaires were developed:

- A questionnaire specifically for people with dementia
- A questionnaire for carers of people with dementia
- A questionnaire for people who have recently lost somebody with dementia
- A general questionnaire for members of the public
- An easy read version of the general questionnaire which was used to engage with people with learning disabilities

2.3 In total, in excess of 160 people engaged with the process. Regardless of whether people were old, young, disabled, living in the north or south of the Borough, there were some common themes that repeatedly emerged which resulted in the development of the five theme areas outlined within the Strategy as follows:

- Timely diagnosis, appropriate treatment and involvement in care plans
- Support to live independently for as long as possible, and to make decisions for myself
- Inclusive and dementia friendly communities
- Information, advice and support for people with dementia and their carers
- End of Life Services, ensuring a peaceful and pain free death in the place of choice.

3. Summary Feedback from the Consultation and Engagement Process

3.1 A full Consultation and Engagement Report is attached as a background document. The feedback from the consultation and engagement process found the following:

- Education is important. There is a need to increase awareness and understanding of dementia and to challenge stigma.
- Carers should be supported in their role as a carer but also as an individual, as to not lose their own identity
- Early diagnosis is important and then once diagnosed, access to services quicker

- People with dementia should be asked for their opinion, including their End of Life Plan
- Services should be flexible and have a whole person approach. Activities available either in the day centre or in the community should be stimulating
- There should be good quality, consistent information, advice and guidance for the person who has been diagnosed and for the carer

3.2 With regard to the Prime Minister's Dementia Challenge to create dementia friendly communities, which was launched in 2012, people felt that dementia friendly communities will be places where:-

- People with dementia are supported to remain active and included members of their communities
- People will have increased understanding and awareness about dementia and how to support individuals with dementia.
- To support individuals living with dementia and their carers to maintain their independence for as long as possible
- People with dementia being treated as valued members of society
- People with dementia and their carers feel comfortable in their local environment (shops, leisure facilities, etc.)
- People who work in the local community are trained to respond to the needs of people with dementia and do very simple and practical things that can make an enormous difference
- Implementing simple steps to help people with dementia such as slow lanes in supermarkets and banks
- Support from befriending groups to help people with dementia do the things that they want to

4. Equality Analysis Report

4.1 In developing the draft Strategy, the Council has shown due regard to the Equality Act 2010, have developed a draft copy of the Equality Analysis Report for approval. This is attached as a background document.

5. Conclusion

- 5.1 The draft Strategy is centred on improving quality outcomes for people with dementia and their carers and families as they progress through the dementia care pathway. The Partners to the Dementia Strategy will work towards actions that promote early intervention and prevention in order to help to delay the onset of dementia and encourage healthy lifestyles, both physically and mentally, to help improve the wellbeing of Sefton's residents. A draft Action Plan is within the Strategy.
- 5.2 Sefton has also recently consulted and refreshed its Carers and Older People's Strategies and this provides an opportunity to ensure that the Dementia Strategy is linked to both of these Strategies.